

MedicalPort

MEDICAL SOLUTIONS ABROAD

Portugal

Making sure your health comes first

www.medicalport.org

Medical Solutions Abroad

PORTUGAL AT A GLANCE

The Global Competitiveness Index 2014–2015 ranks Portugal at number 24 in the Health and primary education field with a score of 6.4 out of 7.

Additionally, Portugal has around 4 physicians/1000 inhabitants – a value well above the European average – trained by demanding Medical Schools, where just top students are allowed to attend.

Furthermore, in Portugal 30% of the population is fluent in English, 20% in French, 10% in Spanish. These percentages are considerably higher in the services sector and especially in the health care sector, where the bibliography is mainly accessible in English and French.

In line with the Portuguese hospitality, medical teams give the personal and human care patients need. They have the vocation and make the time for it.

Ranked number **8**
out of 207 in KOF Index
of Globalisation

Ranked number **11 out of**
162 in the Global Peace
Index by the Institute for
Economics & Peace



3300 hours of sunshine
per year. One of the
highest rates in Europe

Nearly
30% 
of the entire population is fluent **in English**
[% considerably higher in the services sector]

437.000 
Foreign residents in Portugal
[almost 5% of the population]

 **385** Physicians per
100.000 habitants
[one of the highest % in Europe]

Nearly
36.000 hospital beds available
[one of the highest % in Europe]

15 UNESCO World Heritage Sites
Voted best European country by USA
Today readers in 2014
Voted best country to visit in 2013 and
2014 by Condé Nast Traveller



THE PORTUGUESE HEALTH CARE SYSTEM IS ROBUST AND RESPONSIVE

The Portuguese national health care system received international recognition by being placed at the prestigious 12th position in the world health care systems ranking by the WHO.

The quality of medical care in Portugal can be measured by many fundamental indicators:

- **Medical training** between 6 and 12 years (longer than in other countries) and with 2 years mandatory clinical practice;
- **Health care results**, such as mortality rate and life expectancy;
- The **external demand** of our professionals, namely nurses who are one of the most highly requested professionals by the British NHS due to the quality of their academic training, performance and ability to speak languages and care about others;
- **Hospitals accredited** by the Joint Commission International.

Country	Maternal mortality rate (per 1000 population)	Life expectancy at 65
Portugal	8	21.8 (W); 18.1 (M)
United Kingdom	12	21.2 (W); 18.6 (M)
USA	21	20.4 (W); 17.8 (M)

Source: WHO - "World Health Stats"



RECOGNITION OF PORTUGUESE HEALTHCARE PROFESSIONALS

- > Internationally recognised physicians and researchers (Examples: Prof. Carlos Caldas, Prof. António Damásio, Prof. Fausto Pinto, Prof. João Lobo Antunes, Prof. João Espregueira Mendes, Prof. Joaquim Ferreira)
- > Internationally recognised organisations (Examples: Champalimaud Foundation, Gulbenkian Institute of Science, Neuroscience and Biology Centre, Molecular Medicine Institute)
- > Internationally awarded researchers in Medicine (Examples: Bill and Melissa Gates Foundation – Miguel Prudêncio, João Gonçalves; George Winter Career Award – Rui Reis; Seeds of Science – Miguel Seabra)

MEDICAL PORT: INTEGRATED MEDICAL SOLUTIONS

Our mission is to provide adequate options for medical care, for those looking for medical prevention, diagnosis, treatment and recovery, being the single point of contact for all services required. We gather the country's most outstanding expertise and professionals, the most modern privately held facilities, and a renowned hospitality.

Medical Port ensures:

- > Access to adequate, accurate and effective medical services;
- > Selection of the most recognised general hospitals and specialised centres;
- > An integrated medical plan that addresses your needs, medical condition and interests;
- > Management and coordination of the medical care with the stay;
- > A quick, smooth, transparent, and trouble-free process management;
- > A safe and friendly environment;
- > A setting of privacy.

CUSTOMERS AND AGENTS



- Agents
- Customers

OUR NETWORK OF SELECTED HEALTHCARE PROVIDERS

Medical Port carefully selects private hospitals and clinics to be part of an exclusive network of centres of excellence. All selected partners are chosen according to rigorous criteria: experience and technical knowledge of medical teams; international accreditation from recognised entities; experience in hosting foreign clients and clients with special needs; their innovative techniques or technology with proven results and eagerness to innovate.

> Specialised Centres:

Campus Neurológico Senior: Neurological campus in Lisbon

CETI: Assisted Reproduction Technology centre in Oporto

Clínica Espregueira Mendes: Sports medicine centre in Oporto

Clínica de Radioterapia do Porto Júlio Teixeira: Radiotherapy centre in Oporto

Fisiogaspar: Specialised physical therapy and sports medicine services in Lisbon

Oficina da Psicologia: Psychology centres in Lisbon, Oporto and the Algarve

Porto Salus: Assisted living facilities in Lisbon

> General Hospitals:

Lusíadas Saúde: JCI accredited private general hospitals

Hospital Lusíadas Lisboa

Hospital Lusíadas Porto

Hospital Lusíadas Albufeira

Services - Individuals

Medical Travel Plans

Medical
Care

Supplementary
healthcare
services

Customer
support
services

General and specialised medical care:

- > Consultations
- > Diagnostic exams
- > Non-surgical treatments
- > Surgeries
- > Integrated medical programs
- > Assessments and second opinions

Services - Individuals

Medical Travel Plans

Supplementary
healthcare
services

Medical Port's medical travel plans include a set of supplementary healthcare services that ensure effectiveness and safety:

- > Preliminary assessment of the client's medical history by the medical team;
- > Pre-assessment remote consultation with the assisting physician;
- > Face-to-face consultation with the assisting physician before treatment;
- > Face-to-face consultation with the assisting physician after treatment;
- > Dressing changes and wound inspections in the case of surgical treatments;
- > Post-procedure remote consultation with the assisting physician;
- > Medical discharge documents, exams and reports sent to the preferred address.

Services - Individuals

Medical Travel Plans

Customer
support
services

- > Dedicated support from Customer Care Specialists, including escorting and assistance in all contacts with the health care providers;
- > Personal driver for displacements;
- > Coordination and planning of the stay and health care, considering cultural habits;
- > Bookings of all additional services (accommodation, traveling and leisure, other customised requests);
- > Interpretation services when language differs from English, Portuguese, or Spanish;
- > Support for the visa issuance process for certain countries;
- > Optional travel insurance packages.

Services - Individuals

Medical Travel Plans - Exclusive programs

A joint effort with our network allowed us to develop exclusive integrated medical programs addressing specific conditions, needs or concerns.

- > Obesity assessment program
- > Weight loss program
- > Eating disorder program
- > Burn out recovery program
- > Integrated approach to pregnancy
- > Parkinson's camp
- > Therapeutic program for stroke patients
- > Total oral rehabilitation
- > Golf and check-up
- > Sports academies

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Tourism, Hospitality and Leisure Enterprise of the year 2014