

Assisted Reproductive Technology

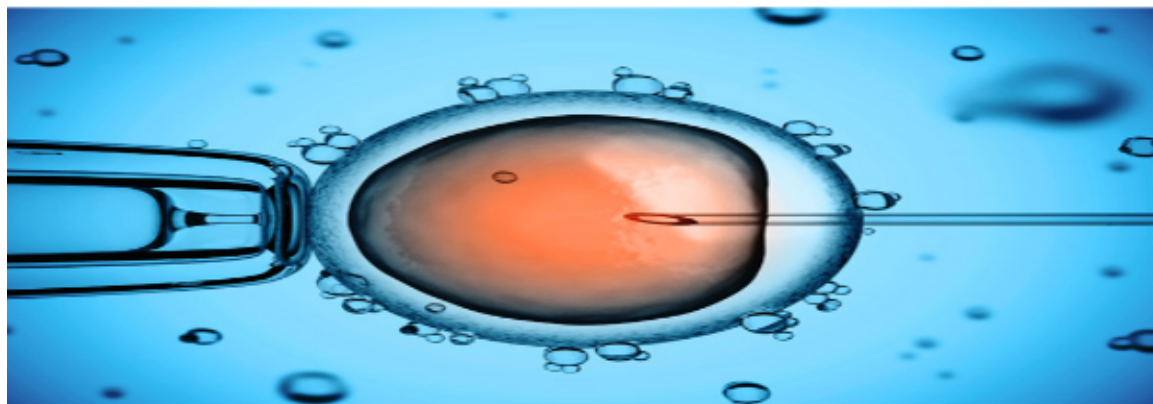
PORTUGAL

Making sure your health comes first



MedicalPort

MEDICAL SOLUTIONS ABROAD



Infertility

It is estimated that 9-10% of couples in reproductive age suffer from infertility.

For those couples who wish to become parents and can't conceive naturally, there are several infertility treatments that can make those wishes come true. Medical Port has teamed up with Hospital Lusíadas Lisboa and CETI in Oporto both with teams of physicians, embryologists and nurses with proven experience in the field of Assisted Reproductive Technology in order for you to have access to the best options.

There are multiple treatments available and should preferably be directed at the causes or factors that cause infertility.

Performed treatments:

- Ovulation monitoring;
- Intrauterine insemination (IUI);
- In Vitro fertilization (IVF);
- Intracytoplasmic sperm injection (ICSI);
- Surgical sperm retrieval for ICSI;
- Transference of frozen embryo as a result of in vitro fertilization;
- Infertility surgery;
- Minimally invasive surgery: Hysteroscopy and Laparoscopy, in particular polycystic ovaries, fibroids and endometriosis;
- Induction and stimulation of ovulation with ultrasonography monitoring for spontaneous fertilization;
- Assisted Hatching;
- Testicular sperm aspiration (TESA);
- Testicular sperm extraction (TESE);
- Cryopreservation of sperm, Testicular tissue, oocytes, pre zygotes and embryos;

Success rates

According to the ART team in Hospital dos Lusíadas, one out of three couples get pregnant after a ART treatment, and one out four couples that uses in vitro fertilization fulfills their dream of becoming parents.

CETI's success rates* are consistently above the European average and the center has over 17 years of experience in the treatment and study of infertility.

*Success rates per treatment are available upon request.



Quick facts about Portugal:

- Nearly 30% of the population is fluent in English. In the healthcare sector, professionals are fluent in English, French, Spanish, and Portuguese;
- Portugal has around 4 physicians/1000 inhabitants;
- There are roughly 36000 hospital beds available;
- Internationally recognized physicians and researchers like PhD Carlos Caldas, PhD António Damásio, PhD Fausto Pinto, PhD João Lobo Antunes, PhD João Espregueira Mendes;
- Internationally recognized organizations such as Champalimaud Foundation, Gulbenkian Institute of Science, Neuroscience and Biology Centre, Molecular Medicine Institute;
- The country ranked number 11 out of 162 in the 2015 Global Peace Index;
- Portugal was recognized as the 5th best country in the Quality of Life Index 2015 by Internations. Additionally, it ranked 3rd for Health, Safety and Well-being.

Medical Port

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Your partner for Assisted Reproductive Technology

Medical Port is a medical travel facilitator, dedicated to providing access to adequate medical care for those coming from abroad, gathering Portugal's health care resources, and the country's renowned hospitality on behalf of medical travellers, whilst paying attention to the details that assure their well-being.

Medical Port's services

The company provides a set of services intended to cover all needs of those traveling to Portugal for medical care:

- Access to adequate and efficient medical care in private providers in Portugal;
- Pre-assessment of the customer's health care information and eligibility, with identification of supplementary care needed for a safer medical treatment;
- Safeguarded transmission of medical information and reports between the customer and the health care provider;
- Access to services related to the stay, such as accommodation, traveling and leisure activities;
- Integral, quick and transparent management of the customer's medical travel experience, including planning and coordination of medical acts with the stay, plus booking of all services required;
- An unique point of contact during the medical travel experience for all the services awarded;
- A dedicated Customer Care Specialist to escort the customer and facilitate all contacts with the medical care provider;
- A dedicated Customer Care Agent and a Support Line for transmission of information and discussion of doubts and questions;
- A detailed medical care plan and proposal, adapted to the patient's and his condition's requirements.

Health care provided ranges from consultations and exams, to non-surgical and surgical treatments from all medical specialties. Most commonly requested medical acts relate to:

- Orthopaedics
- Dental care
- Physical rehabilitation
- Sports medicine
- General surgery
- Plastic and cosmetic surgery
- Neurological disorders
- Psychology
- Radiotherapy
- Medically assisted reproduction
- Check-ups
- Assisted living
- Diagnostic and treatment of weight excess and obesity

Providers in our network include:

- A network of JCI accredited private general hospitals in Lisbon, Oporto and the Algarve;
- A radiotherapy clinic, in Oporto;
- A neurological campus, specialized in Parkinson's disease and movements disorders, near Lisbon;
- Specialized physical therapy services, in Lisbon and Oporto;
- Sports medicine centres, in Lisbon and Oporto;
- A network of psychology centres, in Lisbon, Oporto and Algarve;
- Infertility clinics in Lisbon and Oporto;
- An assisted living facility, near Lisbon.

Medical Port, Portugal

Website: www.medicalport.org

Phone: +351 220 973 751

Email: info@medicalport.org / customer.care@medicalport.org